

## Health Plan Contract Innovations

	Title	Partners / Researchers	Description	Outcome / Measurement	Status/ Next Steps	Publication
<b>Contract Innovations: Disease Management</b>						
1.	Ambulatory Intensive Care Unit Pilot (AICU)  Start Date: May 2010  End Date: December 2012	Pacific Business Group on Health (PBGH)  Anthem Blue Cross  Humboldt Independent Practice Association (IPA)	This pilot will target a control group of providers and estimate appropriate per member per month case management rates. The goal is to improve quality of life and outcomes for patients and to reduce the costs of health care through the approach of comprehensive, coordinated health care delivery. The AICU model will create a partnership between the physicians, case managers, and patients.	Improves member safety, quality of life and outcomes by coordinating care and providing high intensity case management through personal nurse oversight on an outpatient basis.  Measures patient functional status pre and post use of AICUs, reductions in PMPM cost, hospital admission rates, compliance with care orders and member satisfaction.	Anthem and Thomson Reuters have provided data for financial modeling to PBGH.  Next Steps: PBGH will work with Anthem and providers on the design of the care model and payment model.	
2.	Pharmacist Care for Diabetes Pilot Program  Start Date March 2010  End Date December 2011	Blue Shield of California (BSC)  Raley's  University of California at San Francisco (UCSF)	This pilot explores improved diabetes management through Raley's pharmacists, while reducing major medical expenses. This pilot will identify members with uncontrolled or poorly controlled Type II diabetes and pursue improved outcomes. The Raley's pharmacist will collect clinical measures (e.g. blood pressure readings, cholesterol levels, and blood	Supports outcomes research and better coordination of care for high risk diabetic patients.  Identifies and improves outcomes for uncontrolled/ poorly controlled diabetics.  Measures member medical compliance,	As of February 2011, 154 kits were mailed to active participants and 46 consultations were complete.  Next Steps: Member participation will be tracked for the next year. Bi-	"CalPERS, Blue Shield, Raley's and UCSF Begin Joint Diabetes Management Pilot Program," CalPERS press release, July 15, 2010

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			glucose levels) at each visit and will consult members on diabetes medication use and self-care.	blood sugar control, blood pressure, foot and eye health, and other clinical outcomes.  Measures improvement in health status indicators.	monthly statistical reporting to start in April.	
3.	Diabetes Risk and Worksite Wellness Pilot  Start Date: March 2010  End Date: July 2011	Kaiser Permanente  Solano County  California State University at Northridge	Kaiser Permanente is piloting a program to address high-risk diabetes patients through enhanced risk assessment targeting, education, lifestyle support, and health management opportunities. The project involves a coordinated worksite wellness program for two local public agencies. Solano County government employees and California State University at Northridge faculty and staff are participating in this pilot.	Reduces the risk of diabetes among CalPERS members through improved high-risk education, lifestyle support, and condition management.  Measures body mass index (BMI) and participation in wellness activities to improve BMI.	Evaluations to be completed May 2011.  Next Steps: Next HBC update planned for mid-summer 2011.  Lessons learned from this pilot may be applicable to other agencies contracting with CalPERS for health benefits.	"CalPERS Announces Diabetes Pilot Program to Improve Employee Health," CalPERS press release July 6, 2010
<b>Contract Innovations: Wellness</b>						
4.	Long Term Care Research Project  Start Date March 2011  End Date TBD	Univita	This research will determine if the use of CalPERS Long-Term Care Plan (LTCP) benefits and the access these benefits provide to personal care services in the home and in assisted living facilities, improves healthcare utilization	Improves management of services for CalPERS LTCP members and validates healthcare cost savings.  Measures impact on	Project kick off in March 2011.  Next Steps: On-going discussions	

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			patterns and reduces the overall healthcare cost for CalPERS LTCP members.	the use of personal care services to improve utilization and cost of healthcare services.  Measures health status of member without coverage compared to members with coverage; compares members with comprehensive policies to members with facility only policies.	between parties to develop data requirements.	
5.	Living Well Pilot  <u>Start Date</u> April 2011  <u>End Date</u> December 2011	BSC  Richmond Campus of the California Department of Public Health (CDPH)	BSC is piloting a worksite wellness program for the Richmond CDPH employees with a goal of improving member health. The program includes financial incentives and peer group interaction to encourage maximum participation. Activities include onsite biometric screenings (to be conducted by an outside vendor), a wellness assessment, multi-week activity challenges, on-going education and support materials, including bringing Weight Watchers at Work to the agency.	Examines worksite wellness program effectiveness on CalPERS members.  Measures sustainability of wellness programs, including member engagement, time spent in program, commitment for entire duration, member satisfaction and biometric improvement.	Contract language was included in the BSC/CalPERS contract.  Next Steps: Pilot kick-off scheduled for April 2011. May be applicable to other agencies.	

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6.	<p>Public Employer-Medical Group Health and Productivity Improvement Pilot.</p> <p><u>Start Date</u> February 2011</p> <p><u>End Date</u> September 2012</p>	<p>California Association of Physician Groups (CAPG)</p> <p>Institute for Health and Productivity Management (IHPM)</p> <p>Two Public Agencies</p>	<p>CAPG and IHPM will work with the pilot employers and local medical groups focusing on chronic illness risk factors. Participation is voluntary and employers who enroll will receive workplaces wellness activities with the expectation that risk factors will go down and productivity will go up.</p>	<p>The results will be evaluated regorously by a University of Arizona team and published in a respected peer journal, expected to shed favorable light upon both the employer and the medical group.</p>	<p>An initial meeting was held with two employers to seek interest in participation. One employer, County of Santa Cruz, has confirmed participation and a second employer is close to joining the pilot. A follow-up meeting with the second employer is scheduled for April 18.</p>	

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<b>Contract Innovations: Service Delivery</b>						
7.	Catholic Healthcare West and Hill Physicians Medical Group (CHW/Hill) Pilot Program  <u>Start Date</u> January 2010  <u>End Date</u> December 2011	BSC  Catholic Healthcare West (CHW)  Hill Physicians Medical Group	BSC, CHW and Hill Physicians are piloting a program designed to provide CalPERS members with an integrated health care delivery model in the Sacramento region, whereby the health plan, hospital, and medical group incentives align to better coordinate care for members. All partners agreed to be at financial risk should the pilot's cost reduction goals fall short of expectations.	This pilot builds an integrated service model leading to increased coordination of care and reduced cost through care management and financial risk sharing model.  Measures cost reductions for inpatient readmissions, average length of stay, and member satisfaction	March 2011: Briefed HBC on preliminary pilot results reflecting positive results and achievement of goals.  Next Steps: Continue with pilot and expand to another geographical region.  Identify new opportunities for increased care integration and quality.	"Blue Shield, CHW, Hill Physicians collaborate to cut costs," <i>Sacramento Business Journal</i> , February 25, 2011.